



Centrum MultiGummies - Energy Release

Uses

Dosage

Adults: 2 gummies per day. Chew until fully dissolved. May be taken without food or water.

Format and Ingredients

Mixed berry flavoured multigummies containing per 2 gummies:
Vitamin D 10µg 200, Niacin 16mg 100, Vitamin B6 1.6mg 114, Vitamin B12 4µg 160, Biotin 24µg 48,