



Centrum Kids

Uses

Dosage

Children 4 years and over: one chewable tablet daily, preferably with food. Do not swallow whole.

Format and Ingredients

Chewable tablet containing:
Vitamin A 330µg 41, Vitamin D 3µg 60, Vitamin E 5mg 42, Vitamin C 50mg 63, Vitamin B1 (thiamin) 0.5mg 45, Vitamin B2 (riboflavin) 0.5mg 36, Vitamin B6 0.5mg 36, Vitamin B12 1µg 40, Folic Acid 200µg 100, Biotin 50µg 100, Niacin 5mg 31, Pantothenic acid 2.5mg 42, Iron 4.5mg 32, Manganese 0.5mg 25, Selenium 12.5µg 23, Zinc 2.8mg 28,