



## Bassetts Vitamins 12-18 Years Multivitamins & Omega-3 Citrus

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### Uses

### Dosage

Adolescents 12-18 years: 1 pastille daily.

### Format and Ingredients

Orange & lemon flavoured pastille containing:  
Vitamin A 800mcg RE 100, Vitamin B2 (riboflavin) 1.4mg 100,  
Pantothenic acid 6mg 100, Vitamin B6 1.4mg 100, Vitamin  
B12 2.5µg 100, Vitamin C 80mg 100, Vitamin D 5µg 100,  
Vitamin E 12mg ?-TE 100, Flaxseed Oil 380mg, Omega-3  
(ALA) 171mg,