



Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Gelatine Free High Strength Capsules

Uses

Dosage

Over 12 years: 1 capsule a day.

Format and Ingredients

Capsule containing:

Fish Oil Concentrate 262mg, Cod Liver Oil 134mg, Providing Fish Oil 129mg, Omega-3 Nutrients 200mg, Of which EPA 86mg, DHA 69µg, Vitamin D 5µg 100, Vitamin E 10mcg ?-TE
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