



Seven Seas Jointcare Supplex & Turmeric

Uses

Dosage

Adults: 1 capsule and 1 tablet a day.

Format and Ingredients

Capsule containing;
Vitamin D 5µg 100, Vitamin C 30mg 37.5, Manganese 0.3mg
15, Fish Oil 307mg, Omega-3 Nutrients 178mg, EPA 156mg,
Glucosamine sulphate 2KCl 240mg, Turmeric extract
(Curcuma Longa L.) 85mg,