



Haliborange Teens Omega-3 and Multivitamins Orange Softies

Uses

Dosage

Teenagers: 1-2 fruit softies daily.

Format and Ingredients

Softie containing:
Flaxseed Oil 220mg, Providing Omega-3 (ALA) 100mg,
Vitamin A 400mcg RE 50, Vitamin D 2.5µg 50, Vitamin E 6mg
?-TE 50, Vitamin C 60mg 75, Niacin 8mg NE 50, Vitamin B6
1.4mg 100, Vitamin B12 2.5µg 100, Pantothenic acid 6mg
100,