



Osteocare Liquid

Uses

Dosage

Adults: two teaspoonfuls twice daily. Pregnancy and breast-feeding: two teaspoonfuls twice daily. Children 3-12 years: two teaspoonfuls daily. Ideally taken with a main meal.

Format and Ingredients

Liquid containing per 10ml:
Vitamin D (as D3 150 IU) 3.8µg 76, Calcium 300mg 38,
Magnesium 150mg 40, Zinc 6mg 60,

Category:
Vitamins, Minerals and Nutritionals

Pack size: 200ml, 500ml

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