

Uses

Traditional herbal medicinal product used for the temporary relief of sleep disturbances, based on traditional use only.


Dosage

Adults and the elderly: 2 tablets one hour before bed.
Children: not to be given.

Format and Ingredients

Tablet containing:
Hop Strobile Extract 34mg, Valerian Root Extract 30.8mg,
Passion flower herb extract 18.2mg,

Category: **Books** Book size: **30**

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