



## Metatone

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### Uses

Convalescence and debility.

### Dosage

Over 12 years: 5-10ml (preferably diluted) 2-3 times daily before meals. Maximum daily dose 30ml. Children 6-12 years: 5ml (preferably diluted) 2-3 times daily before meals. Maximum daily dose 15ml. Children under 6 years: not recommended unless advised by a doctor.

### Format and Ingredients

Clear red liquid containing in 5ml:  
Vitamin B1 (thiamin) 500µg, Calcium Glycerophosphate 45.6mg, Potassium Glycerophosphate 45.6mg, Sodium Glycerophosphate 22.8mg, Manganese Glycerophosphate 697µg,