

Uses


Dosage

Adults: 1 capsule per day with food.
Children: not suitable.

Format and Ingredients

Capsule containing:
Omega-3 Fish Oil 600mg, Of which EPA 42mg, DHA 300mg,
Omega-6 (evening primrose oil) 150mg, Of which GLA 15mg,

Category: **Books** Book size: **30**

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