





## **Equazen Family Triple Strength Capsules**

Uses

## Dosage

Adults and children over 5 years: 2 capsules per day with food for first 12 weeks, then 1 capsule a day. Under 5 years: not suitable.

## Format and Ingredients

Capsule containing: Omega-3 Fish Oil 550mg, Of which EPA 279mg, DHA 87mg, Omega-6 (evening primrose oil) 120mg, Of which GLA 30mg,



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