



Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Orange Flavour Liquid

Uses

Dosage

Adults and children over 3 years: two 5ml teaspoonsful daily.

Format and Ingredients

Liquid containing in 10ml:
Cod liver oil and fish oil 2.9g, Omega-3 Nutrients 650mg, Of which EPA 195mg, DHA 305mg, Vitamin C 50mg 63, Vitamin D 6µg 100,