



Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Maximum Strength Capsules

Uses

Dosage

Over 12 years: 1 capsule a day.

Format and Ingredients

Capsule containing:
Cod Liver Oil 570mg, Fish Oil 315mg, DHA 116mg, Vitamin A 750mcg RE, Vitamin D 10µg, Vitamin E 10mg ?-TE, Providing Omega-3 Nutrients 308mg, Of which EPA 134mg,