



LemoCalm Cold and Flu Relief Powder for Oral Solution

Uses

For relief of the symptoms of colds and influenza, including the relief of aches and pains, sore throat, headache, nasal congestion and lowering of temperature.

Dosage

Adults and the elderly: 1 sachet dissolved by stirring in hot water, but not boiling water and sweetened to taste. No more than 4 sachets to be taken in 24 hours. The dose may be repeated in 4-6 hours. Children: not recommended except on medical advice.

Format and Ingredients