

Counter Intelligence PL The training guide for pharmacy assistants





Kalms Night

Uses

A traditional herbal medicinal product used for the temporary relief of sleep disturbances, based on traditional use only.

Dosage

Over 18 years: 4 tablets to be taken 30-60 minutes before bedtime.

Four additional tablets can be taken earlier in the evening if necessary.

As treatment effects may not be apparent immediately, Kalms Night should be taken for 2-4 weeks continuously. Under 18 years: not recommended.

Format and Ingredients

White film-coated tablet containing: Valerian Root Extract (Valeriana officinalis L.) 96mg,



Communications International Group Ltd 2025, Linen Hall, 162-168 Regent Street, London W1B 5TB

Product data C Communications International Group