





## **Centrum MultiGummies -Energy Release**

Uses

## Dosage

Adults: 2 gummies per day. Chew until fully dissolved. May be taken without food or water.

## **Format and Ingredients**

Mixed berry flavoured multigummies containing per 2 gummies: Vitamin D 10µg 200, Niacin 16mg 100, Vitamin B6 1.6mg 114, Vitamin B12 4µg 160, Biotin 24µg 48,



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