



Seven Seas Omega-3 Fish Oil plus Cod Liver Oil plus Evening Primrose Oil Capsules

Uses

Dosage

Adults: 1 capsule a day.

Format and Ingredients

Capsule containing:
Fish Oil Blend 650mg, Of which Cod Liver Oil 168mg,
Providing Omega-3 Nutrients 200mg, Of which EPA 85mg,
DHA 77mg, Evening Primrose Oil 200mg, Vitamin D 5µg 100,
Vitamin B6 0.21mg 15.