



Seatone

Uses

Dosage

Adults: 1-3 capsules daily with food. Three capsules a day are recommended initially for the first 90 days. After this period dosage can be reduced to 2 and then 1 capsule a day.

Format and Ingredients

Capsule containing:
Green Lipped Mussel Extract 350mg,

Category:
Vitamins, Minerals and Nutritionals

Pack size: 90

RRP: £12.45

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