

Counter Intelligence The training guide for pharmacy assistants





Kira Low Mood Relief

Uses

A traditional herbal medicinal product used to relieve the symptoms of slightly low mood and mild anxiety, based on traditional use only.

Dosage

Adults and elderly: 1 tablet daily swallowed whole with some water or other liquid.

Format and Ingredients

Film-coated tablet containing: St. John's Wort aerial parts extract (Hypericum Perforatum L.) (3-6:1) 450mg, equivalent to St John's Wort 1350-2700mg, Extraction solvent: Methanol 80% v/v,



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Product data C Communications International Group