



Bio-Kult Boosted

Uses

Dosage

Adults: 1 capsule a day with food. Children 3-12 years: Bio-Kult Advanced is advised instead. Travellers: 1 capsule daily one week before and during travel and for at least one week after.

For those using alongside antibiotics: 1 capsule daily, ideally at a different time of day to the antibiotic dose. Continue for at least 2 weeks after completion of the antibiotic course.

Format and Ingredients

Capsule containing:

Lactobacillus casei PXN 37, Lactobacillus plantarum PXN 47, Lactobacillus rhamnosus PXN 54, Bacillus subtilis PXN 21, Bifidobacterium bifidum PXN 23, Bifidobacterium breve PXN 25, Bifidobacterium longum PXN 30, Lactobacillus acidophilus

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