



Kalms Rhodiola Tablets

Uses

A traditional herbal medicinal product used for the temporary relief of symptoms associated with stress, such as fatigue, exhaustion and mild anxiety. Based on traditional use only.

Dosage

Over 18 years: 1 tablet twice a day, one before breakfast and one before lunch. Under 18 years: not suitable.

Format and Ingredients

Tablet containing:
Rhodiola Rosea Root Extract 200mg (Rhodiola rosea L. rhizome and root),