



## **Equazen Family Triple Strength Capsules**

## Uses

## Dosage

Adults and children over 5 years: 2 capsules per day with food for first 12 weeks, then 1 capsule a day. Under 5 years: not suitable.

## Format and Ingredients

Capsule containing:
Omega-3 Fish Oil 550mg, Of which EPA 279mg, DHA 87mg,
Omega-6 (evening primrose oil) 120mg, Of which GLA 30mg,





