



# Osteocare Original

## Uses

## Dosage

Adults: 2 tablets a day with a main meal.

## Format and Ingredients

Per 2 tablets:  
Vitamin D (as D3 1000 IU) 25µg 500, Calcium 800mg 100,  
Magnesium 300mg 80, Zinc 10mg 100, Copper 500µg 50,  
Manganese 0.5mg 25, Selenium 55µg 100, Boron 0.6mg,

**Category:**  
Vitamins, Minerals and Nutritionals

**Pack size:** 30, 90

**RRP:** £5.25 £12.65

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