



## Seven Seas Omega-3 Fish **Oil plus Cod Liver Oil Orange Flavour Liquid**

Uses

## Dosage

Adults and children over 3 years: two 5ml teaspoonsful daily.

## Format and Ingredients

Liquid containing in 10ml: Cod liver oil and fish oil 2.9g, Omega-3 Nutrients 650mg, Of which EPA 195mg, DHA 305mg, Vitamin C 50mg 63, Vitamin D 6µg 100,



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