



## Lemsip Max Cold & Flu Lemon

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### Uses

Symptomatic relief of colds and flu including the relief of aches and pains, sore throat and headaches, nasal congestion and lowering of temperature.

### Dosage

16 years and over: contents of 1 sachet dissolved by stirring in hot water and sweetened to taste every 4-6 hours. Maximum 4 sachets in 24 hours. Under 16 years: not to be given.

### Format and Ingredients

Oral powder containing:  
Paracetamol 1000mg, Phenylephrine Hydrochloride 12.2mg,