



## Oilesen Vitamin D3 1000 Soft Capsules

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### Uses

### Dosage

Adults and children over 5 years: 1 capsule a day during a meal. If there are issues with swallowing the capsule can be chewed or the contents squeezed into the meal, a drink or directly into the mouth.

### Format and Ingredients

Capsule containing:  
Vitamin D3 25µg,