



## LemoCalm Max Strength Cold and Flu Relief Powder For Oral Solution

### Uses

For relief of the symptoms of colds and influenza, including the relief of aches and pains, sore throat, headache, nasal congestion and lowering of temperature.

### Dosage

16 years and over: 1 sachet dissolved by stirring in hot water, but not boiling water and sweetened to taste. No more than 4 sachets to be taken in 24 hours. The dose may be repeated in 4-6 hours. Under 16 years: not recommended.

### Format and Ingredients

Sachet of powder containing:  
Paracetamol 1000mg, Phenylephrine Hydrochloride 10mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
BRISTOL LABORATORIES LTD

**Pack size:** 10

**RRP:** £3.40

**Legal Status:** (GSL)