



## Puressentiel Muscles & Joints Roller

## **Uses**

## Dosage

Adults and children over 7 years: shake the roller well before applying to painful muscles or joints (back, neck, shoulders, elbows, wrists, hands, hips, knees, thighs, calves, ankles, feet etc.), 3 times per day. Not recommended for children under 7 years, pregnant or breastfeeding women, for those with a history of convulsive or epileptic disorders, or those with an allergy to salicylates.

## Format and Ingredients

Liquid containing:

14 essential oils (cajuput, roman chamomile, cloves, eucalyptus, wintergreen, iuniper, layandin, marioram







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