



## Aqua-Ban Tablets

### Uses

A mild diuretic for the relief of pre-menstrual water retention.

### Dosage

Adults: 2 tablets 3 times a day after meals starting 4 to 5 days before the expected menstrual period. Not to be taken for more than 5 days. This product is intended only for women experiencing the menstrual cycle and is therefore unsuitable for children or the elderly.

### Format and Ingredients

Blue gastro resistant coated tablet containing:  
Ammonium Chloride 325mg, Caffeine Anhydrous 100mg,