



## Alli 60mg Hard Capsules

### Uses

Weight loss aid for use with a reduced calorie, lower-fat diet in overweight adults with a BMI of 28 or more.

### Dosage

18 years and over: 1 capsule with water 3 times daily before, during or up to 1 hour after each main meal. If a meal is missed or contains no fat, that dose should be omitted. No more than 3 capsules in 24 hours. Treatment should not exceed 6 months. Diet and exercise are important parts of a weight loss programme and this should be started before beginning treatment. Under 18 years: not to be used.

### Format and Ingredients

Turquoise capsule with dark blue centre band printed with "alli" containing:  
Orlistat 60mg